## Feminine Futures

PRESENTATION

## Roularta 'She decides'







### HELLO, I'M KRISTEL VANDERLINDEN,

### NICE TO meet you!

I'm a time rebel and future strategist.



# FUTURE MARKETING & INNOVATION LAB

FUTURE**GNIX**\*





## Gultural Scientists



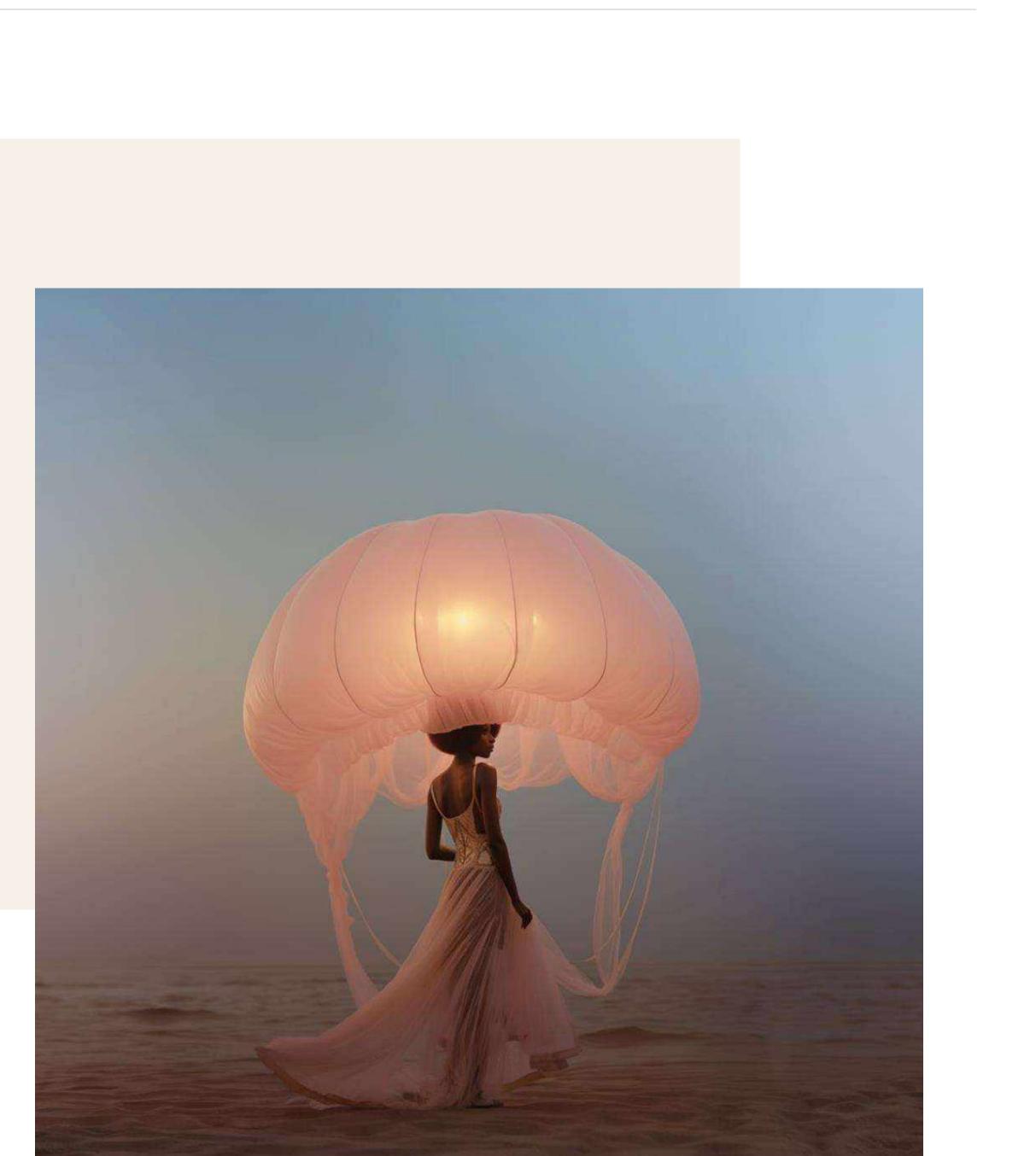


#### FEMININE FUTURES





## SHE RISES FOCUS ON female EQUALITY



### Nine out of 10 people are biased against women, says 'alarming' UN report

Researchers 'shocked' at lack of progress, and entrenched social norms that curtail women's chances in politics, business and work



Derticipants arrive at the Generation Equality Forum organised by UN Women in Paris, France, June 2021. Photograph: Ludovic Marin/AFP/Getty Images

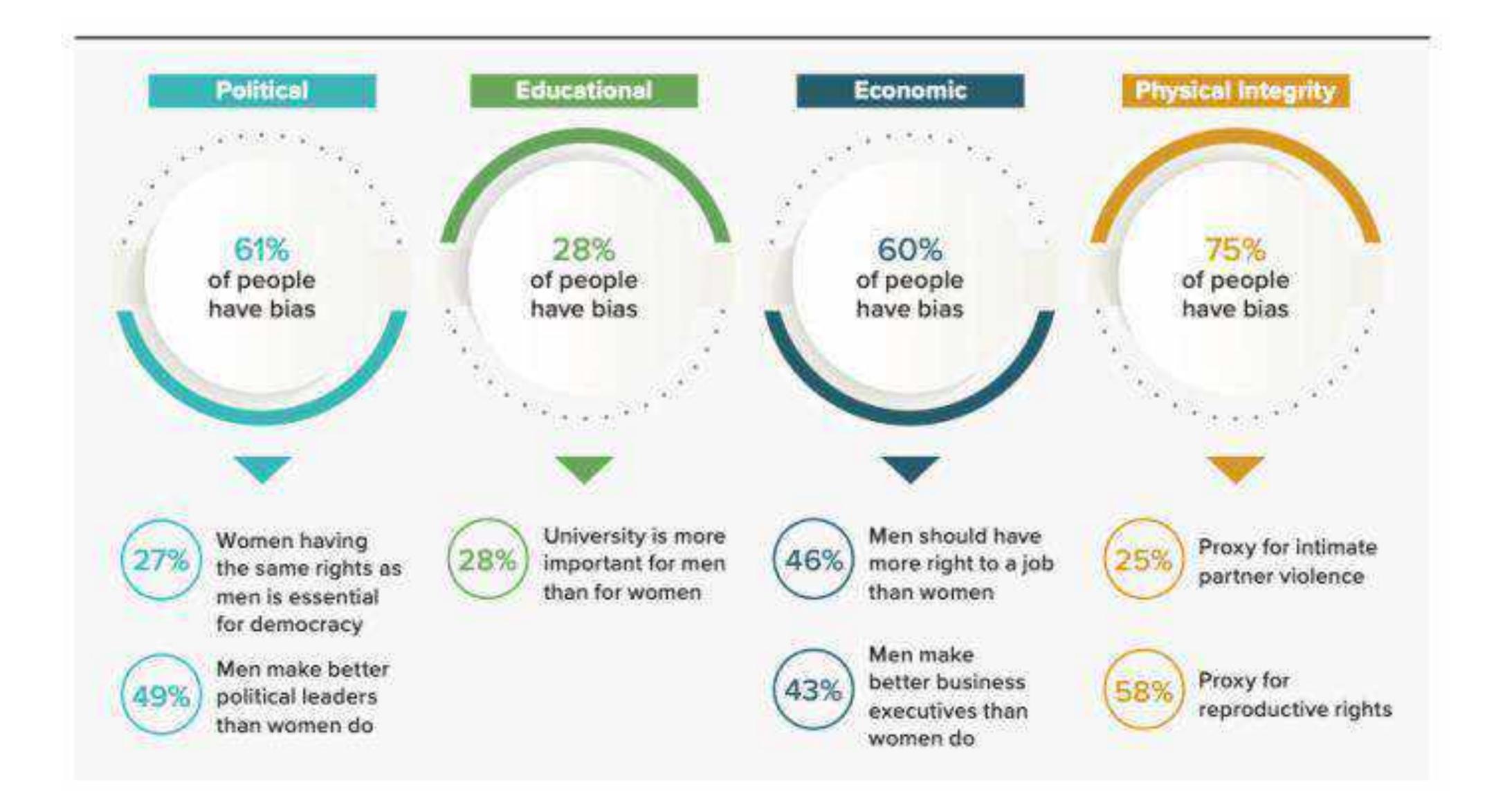


## GENDER SOCIAL NORMS INDEX STATISTICS WOMEN

91% OF MEN **AND 86% OF** 

WERE FOUND TO HOLD A BIAS TOWARDS WOMEN.







## FemHealth



#### **Aristotle on Woman**

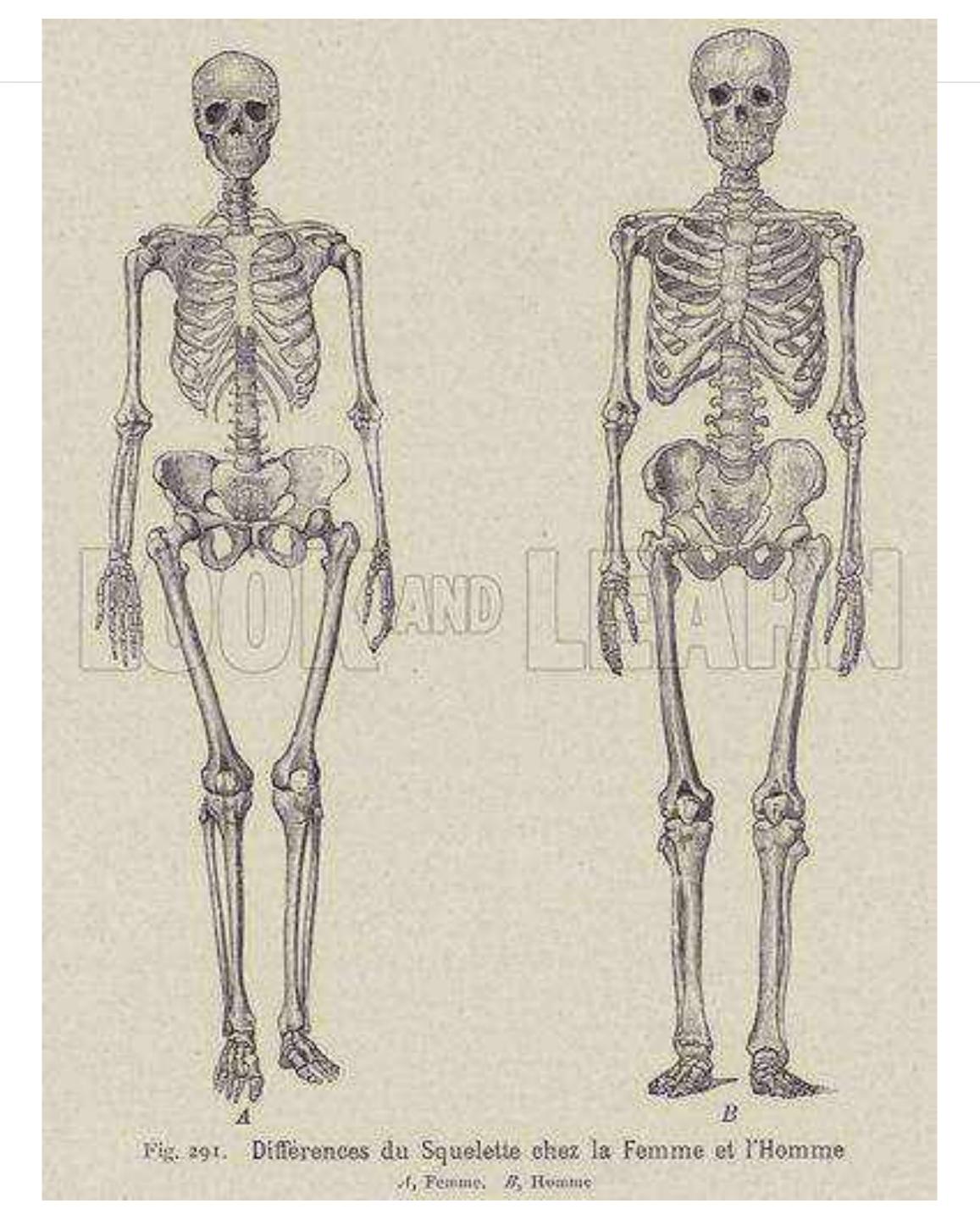
Men have more teeth than women The female is, as it were, a mutilated male Females are weaker and colder in nature Compared to men, women are immature, deficient, deformed; they are even a bit monstrous Men have hotter blood than women, a more important role in reproduction, and are generally more perfect

Aristotle

On the Generation of Animals - Aristoteles



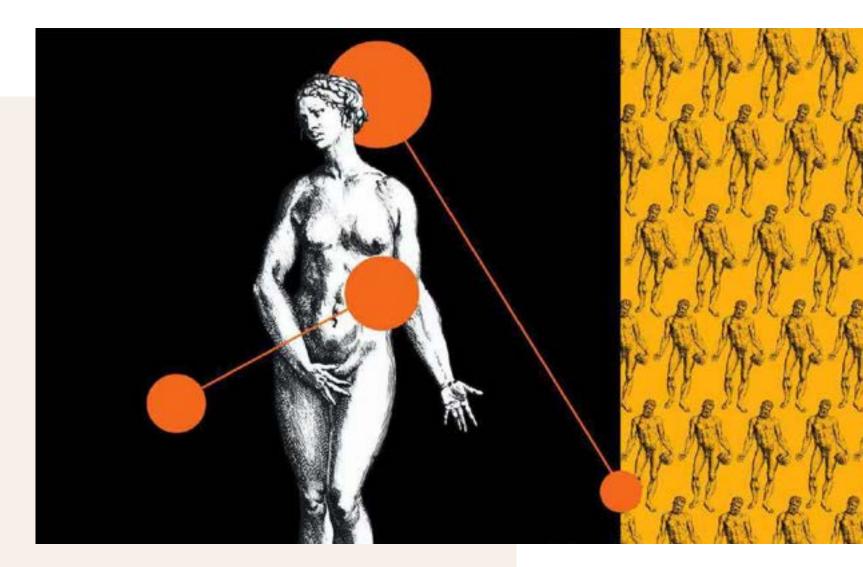






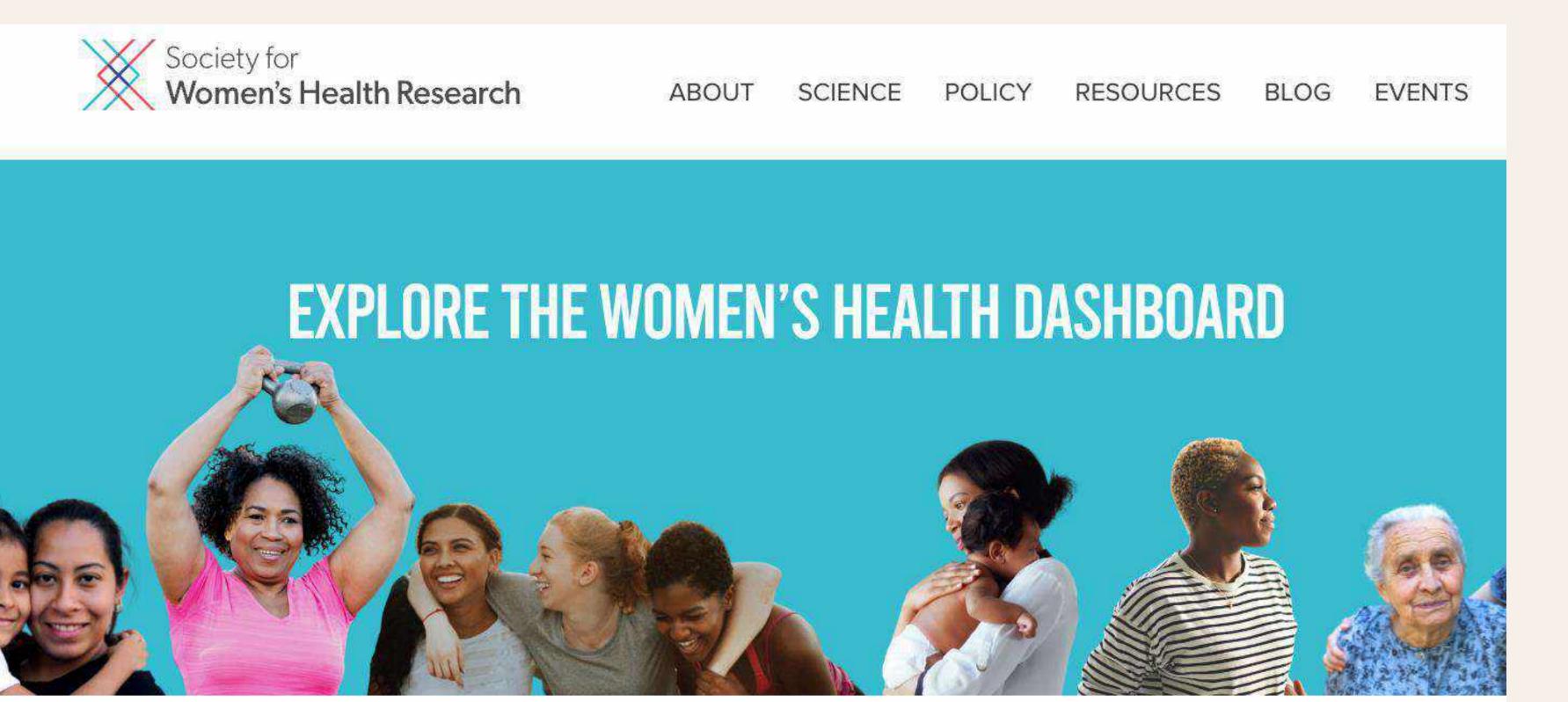
#### "Not only have doctors, scientists and researchers mostly been men, but most of the cells, animals and humans studied in medical science have also been male: most of the advances we have seen in medicine have come from the study of male biology."

Dr Janine Austin Clayton, an associate director for women's health research at the United States National Institutes of Health









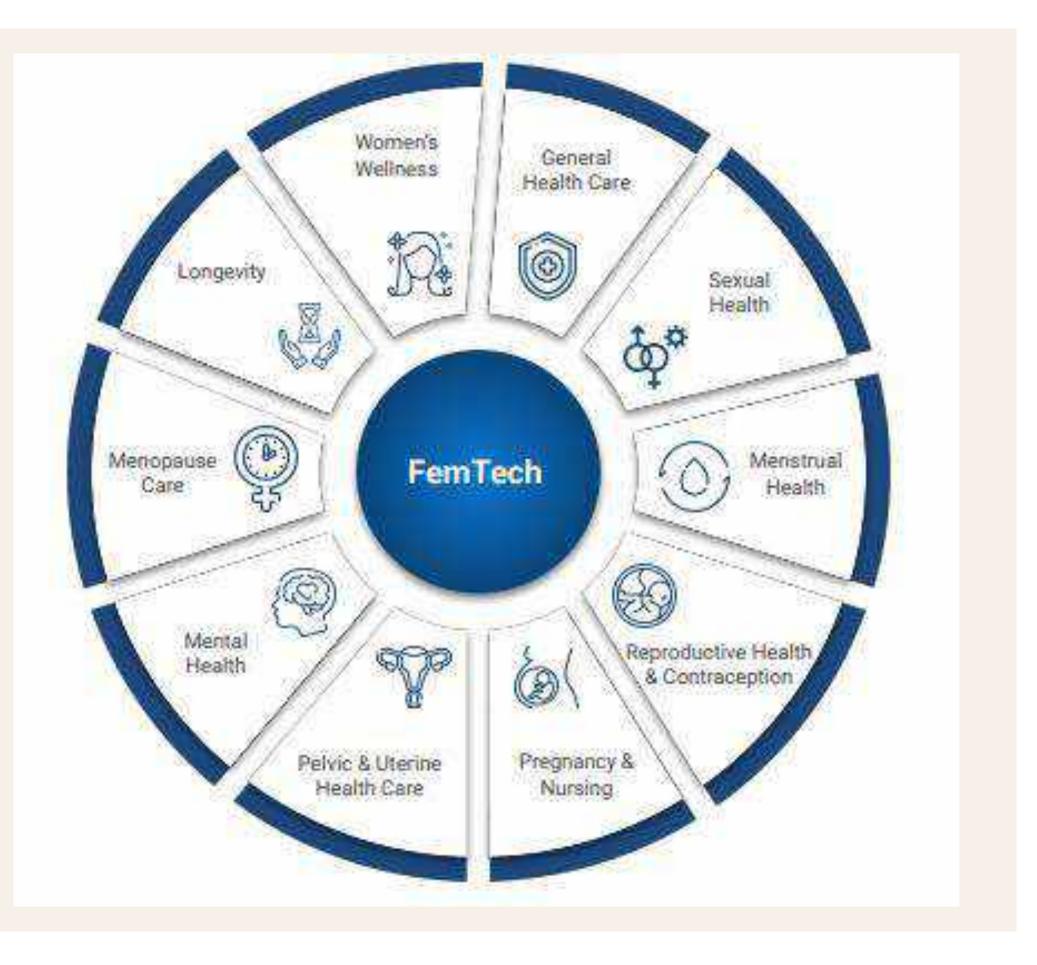
#### Women have unique health needs, and most diseases and conditions affect women differently than men.

The Society for Women's Health Research (SWHR) is the thought leader in promoting research on biological sex differences in disease and improving women's health through science, policy, and education. We are making women's health mainstream.



#### "Only 4% of R&D funds in the healthcare sector are aimed specifically at women's health."

Femtech Industry Report





## Trend 01 FemHealth Fem Tecn



### Femtech

"Women have been massively underserved by the historical bias in science and health that has seen them under-represented in clinical trials and underdiagnosed" Heidi Davis, co-founder, IdentifyHer





#### Fasten Your Seatbelts: A Female **Car Crash Test Dummy Represents Average Women For** The First Time In 60+ Years

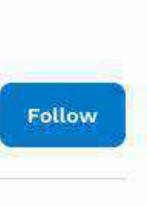
#### Eva Epker Contributor 🛈

I cover areas for change, education, and investment in women's health.

2



Currently, car crash test regimens require only that a male-representing dummy be used. GETTY



Sep 12, 2023, 01:00am EDT

Women are 17% more likely to die in a car crash and 73% more likely to sustain serious injuries from a crash than men are.



#### Menopauze

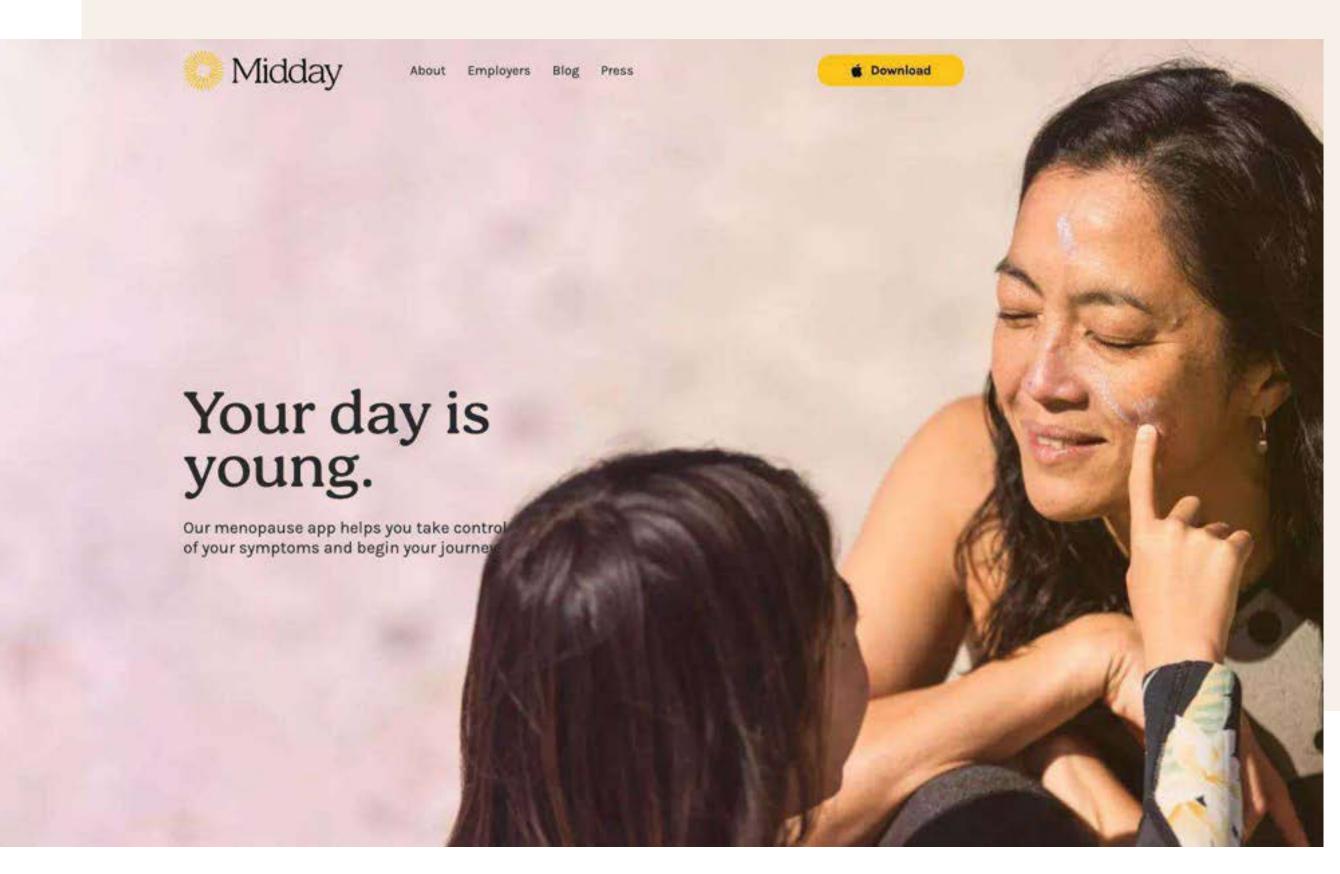
Midday

About

**B** Download

#### Your day is young.

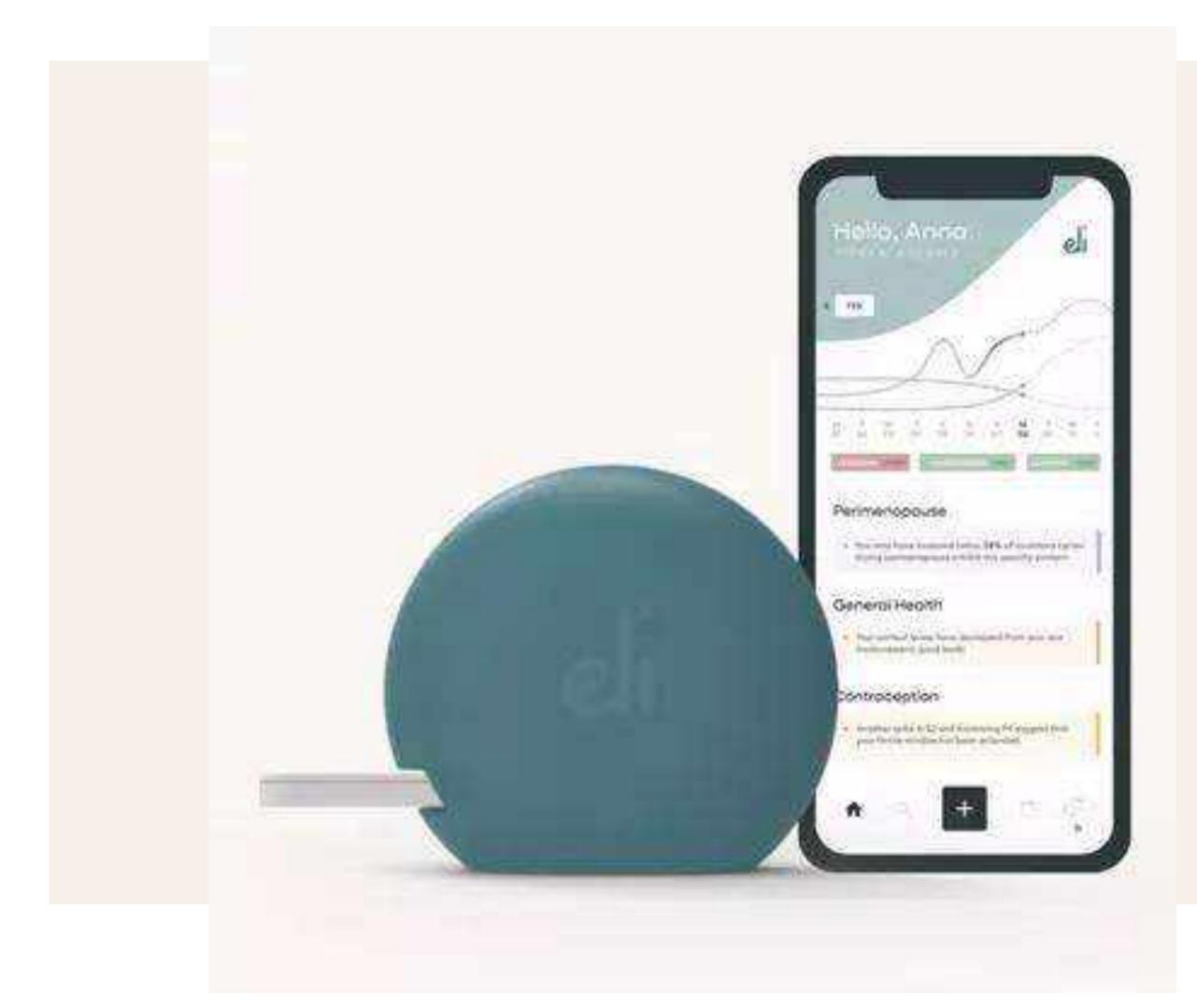
Our menopause app helps you take control of your symptoms and begin your journ



#### Midday

Taking a 360-degree approach to mid-life health management, Midday provides women with a complete overview of the physical and mental changes that are occurring as they begin their perimenopause journey. The health app uses advanced algorithms, AI sensor technology and digital therapeutics to track hormonal changes and symptoms, alerting users to triggers and patterns. Symptoms such as hot flushes and sleep disturbances are tracked effortlessly when paired with wearables, with Midday providing tailored interventions in real time.





#### Eli Health

Harnessing the drive to more preventative healthcare solutions, Eli Health aims to give women access to their meaningful hormonal data across every life stage. Its proprietary device is an at-home hormonetesting cartridge that uses a saliva sample to capture hormone levels. Working in tandem with a smartphone app to visualise data – Eli provide users with daily health insights, as well as tailored advice from trusted physicians and the Eli community.





BLOG

HOI

HULP

#### Guud Supplements for menstruation

## Feel Guud elke dag van de maand

guud

NIEUW: PODCAST





and the second sec



#### Evie Smart Ring



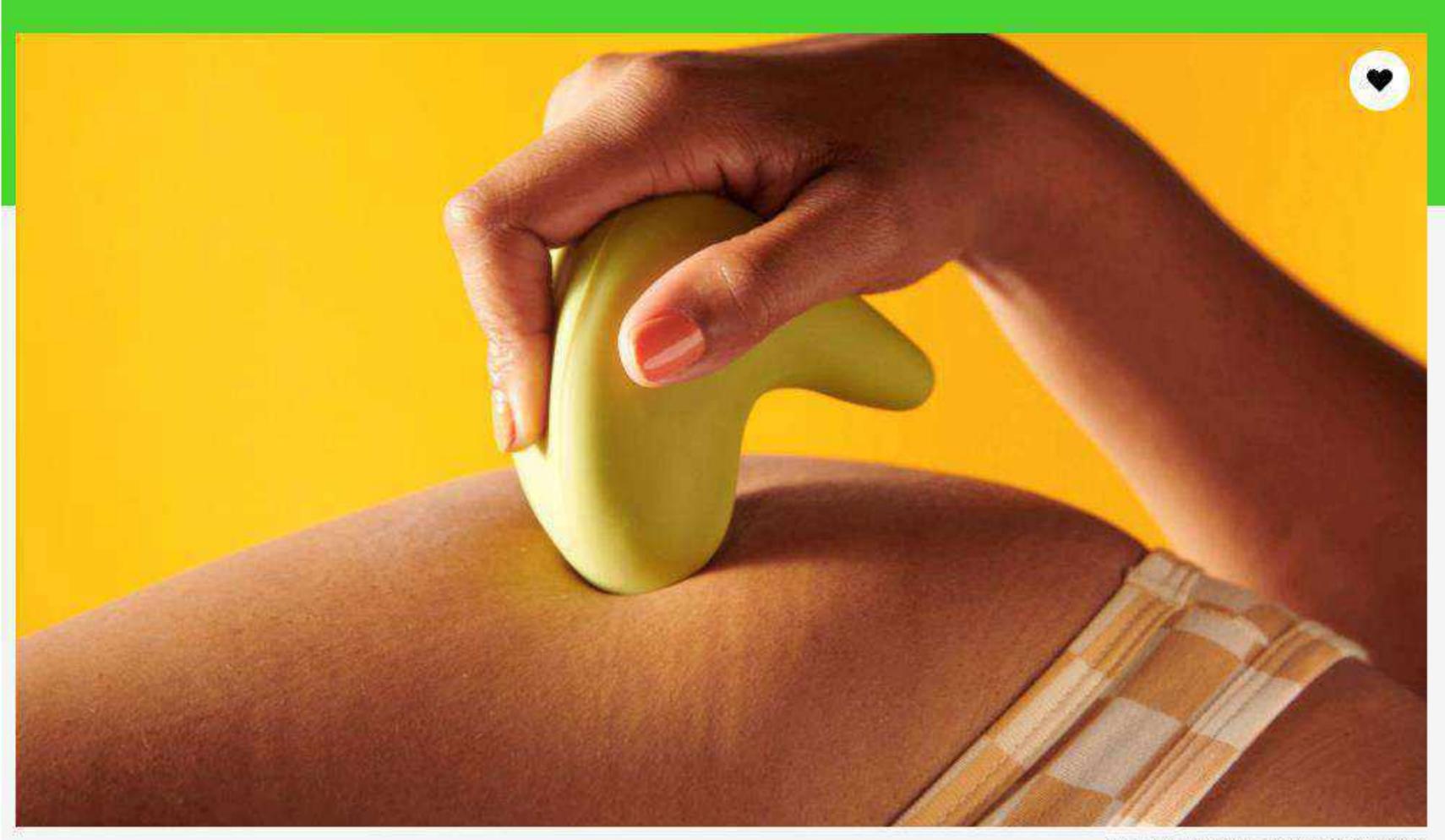
Chloe McCourt developed necklaces that document workplace harassment





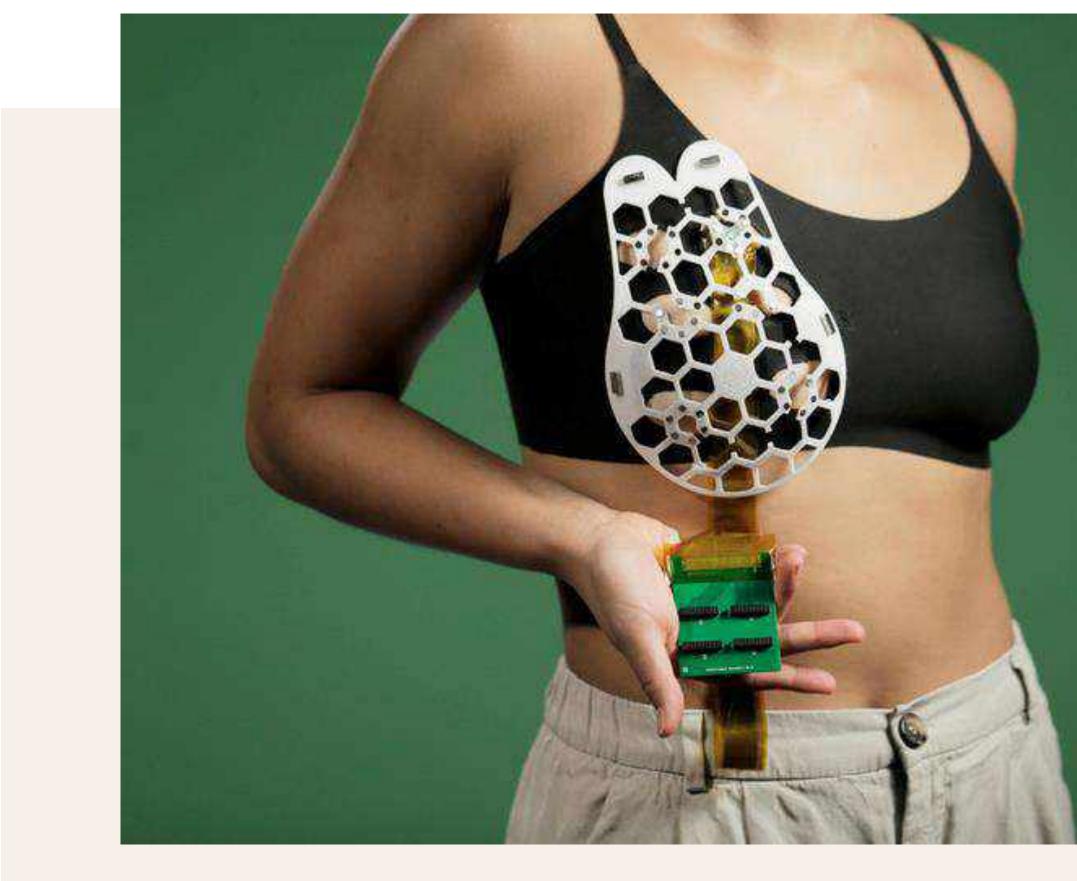
## Kiwi - Ending painful sex

An exploration of pelvic health.



Kiwi - Ending painful sex - @ The Pelvic People - 2023







Breast cancer detection and monitoring - MIT





BIOMILQ Lab grown breast milk



## Trend 02 Beauty Redefined



### Beauty

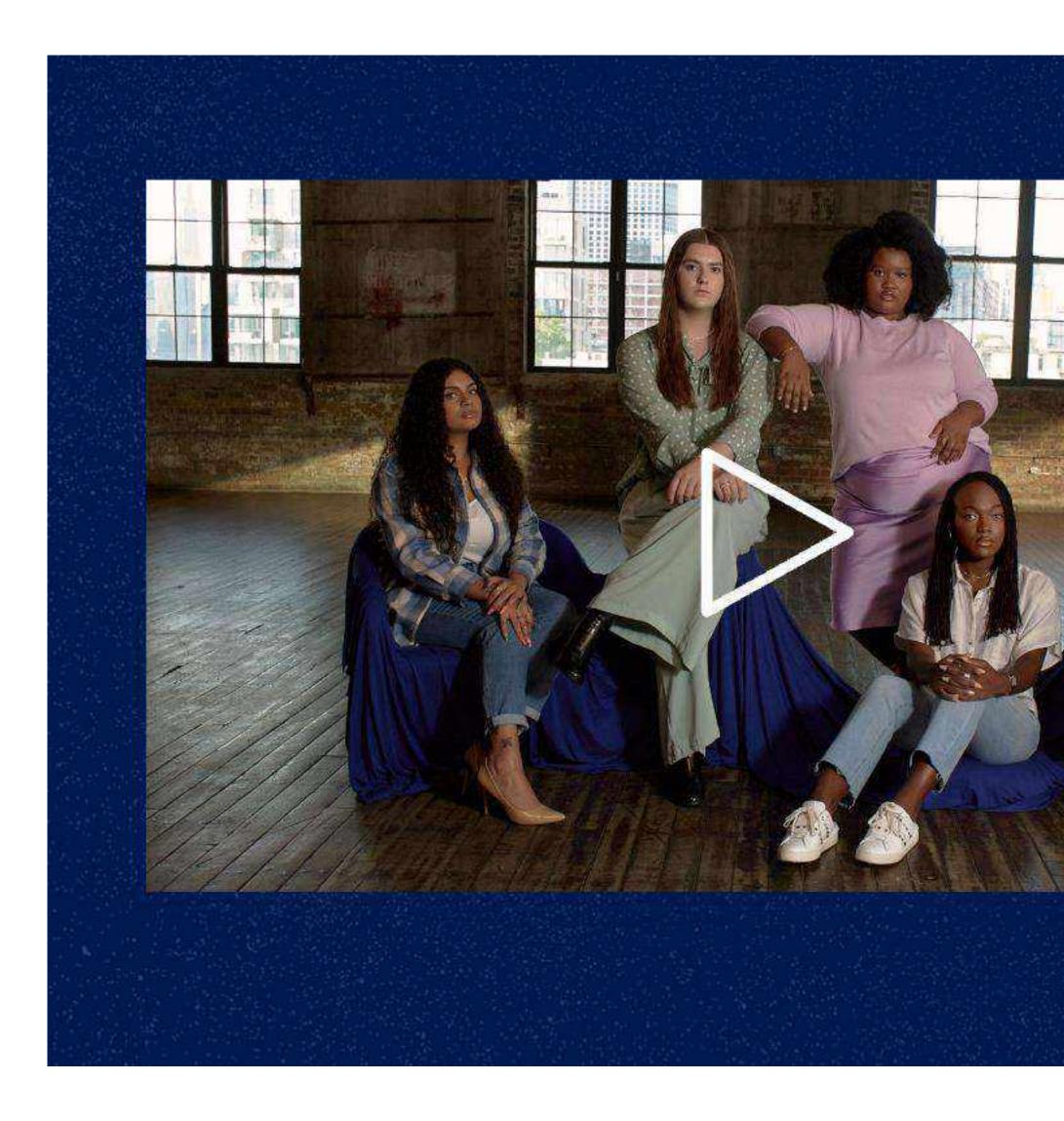
## 48% of female consumers define beauty as being confortable in their own skin

Euromonitor - Global consumer trends 2023









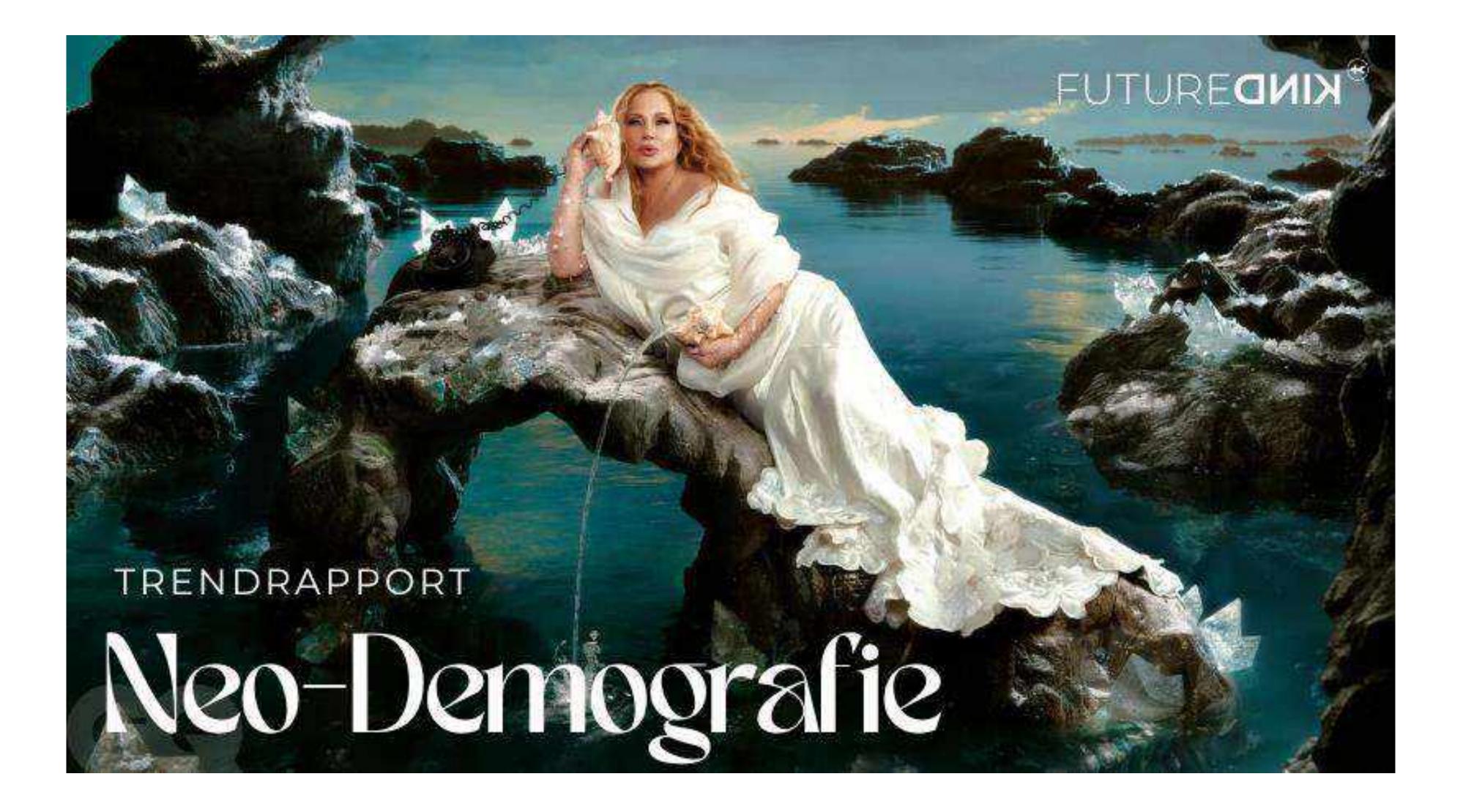
New research from Dove reveals that the appearance hate and discrimination caused by toxic beauty standards is a \$500+ billion dollar public health crisis.

Young people pay the biggest price.













# #AGEISMSUCKS

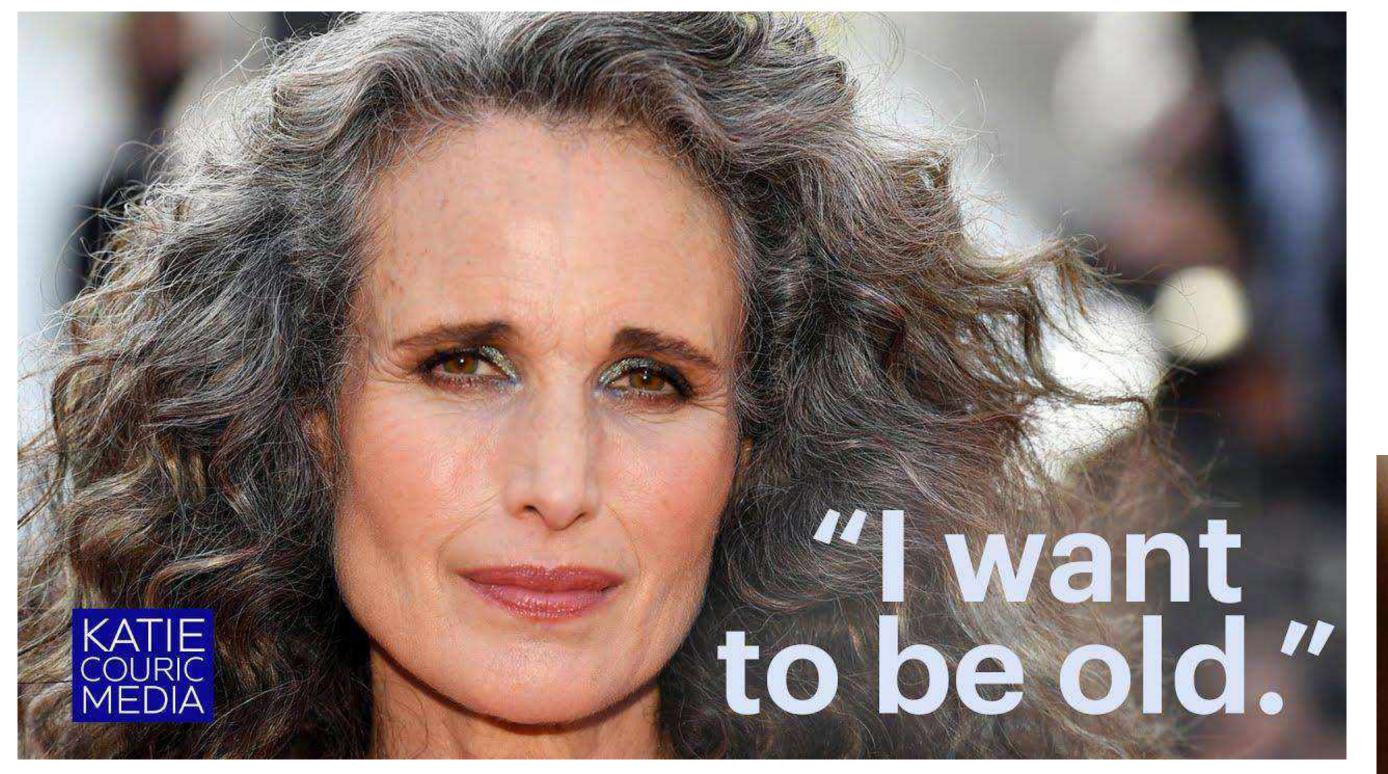




**TikTok** Dvoguefrance.









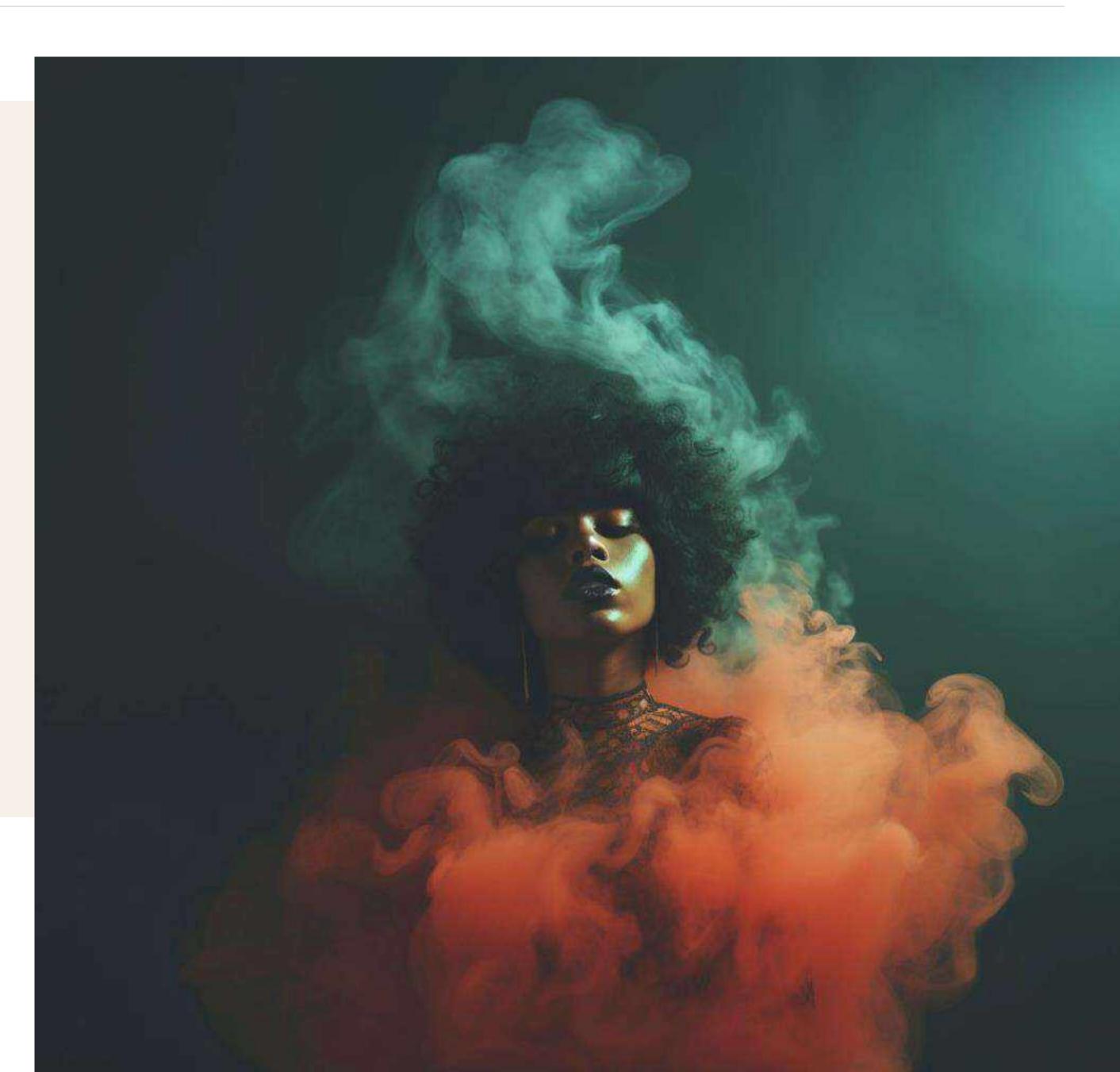






#### There's a need for new beauty codes embracing authenticity ending old definitions of ageing and creating a new language of ageing well, midlife upgrade, ....





## Thank you Questions?

Contact kristel@futurekind.be

Wil je graag lid worden van onze trend community op Whatsapp? Scan onderstaande code:



The FutureKind Rebellion WhatsApp-groep



Scan of upload deze QR-code met de WhatsAppcamera om deer te nemen aan deze groep.

